EARTHQUAKES

What to Do During an Earthquake
If you are outdoors, stay outdoors; if indoors, stay indoors. During earthquakes, most injuries occur as people enter or leave buildings.

If Indoors - Stay Indoors
- Take cover under a heavy desk, table, bench, bed, or in doorways, halls or against inside walls.
- Get out of a kitchen or lab where there may be a danger of things falling on you.
- Stay away from glass, gas bottles, and possible fire hazards.
- Don’t use candles, matches, or other open flames either during or after a tremor.
- Extinguish all fires.
- Do not close doors.

If Outdoors - Stay Outdoors
- Move into the open and away from buildings, falling rocks from high stone walls, power lines, chimneys, trees and anything else that might fall on you.
- Once in the open, stay there until the shaking stops.

Earthquake Evacuation Procedures
- For each class, the teacher who is teaching at the time of the earthquake is responsible for the evacuation of the class.
- When the shaking has stopped, teachers should let the students leave the building two by two, or more depending on the width of the doors, corridors or stairs.
- Stand at the exit to maintain an orderly exit, to remind the students where they should gather, and to advise the students to walk near the walls.
- Any staff not in charge of a class should assist in checking and maintaining an orderly exit.
- Leave all doors unlocked.
- The students should gather in a designated uncovered area far from buildings, walls, or any collapsing structures.
- The teacher should be the last to leave and should take the class register with them.
- As soon as possible, the teacher should check the class register to establish if any students are missing.
- The teacher should stay with the class.
- A designated person should collect all class registers, check that all students are accounted for, and initiate the appropriate action to locate and assist any missing students.

What to Do After an Earthquake
- Be prepared for aftershocks.
- Check for injuries; do not move seriously injured persons unless they are in danger of sustaining additional injury. Try to help any non-seriously injured trapped persons leave the building.
- In an emergency, call the Civil Defence on 125.
- Stay out of severely damaged buildings. Aftershocks may shake them down.